



Easy home energy conservation ideas

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With rising energy prices, growth in electricity consumption and an ever-nearing depletion of natural resources, there has never been a better time than now to discover new ways of conserving energy at home.

Every little step we take, as individuals or collectively, can help to curb consumption and save energy. These actions can often be as simple as turning off lights, reducing the temperature in a room, or even checking that home insulation is up to date.

These changes don't need to cost a lot, if anything all, but you'll certainly feel the benefit in your bank balance, and internally it will feel great to be helping the planet.

According to studies, in recent years, demand for electricity has been rising and this is set to increase by a further 4% globally in 2022.

Refining these fuels into energy for cars and electricity for home use, means releasing huge quantities of carbon dioxide into the atmosphere. This can cause all sorts of issues, placing a strain on the planet's natural resources and on our health.

By learning to use different renewable energy sources or finding out how we can conserve energy, both as individuals and as a collective, can help to minimize these risks. After all, if we consume less energy, utility companies won't need to produce as much!

As mentioned above, the majority of countries around the world still get most of their energy from fossil fuels. When fossil fuels are harvested from the earth, they can't be replaced - these are known as non-renewable energy sources. In turn, the continued depletion of these substances from the earth, tips a natural balance - contributing to global warming, changing weather patterns, and rising sea levels.

Carbon dioxide is a major contributor to the greenhouse effect and when these fumes are released into the atmosphere from burning fossil fuels it helps to speed up the process - and not in a good way.

Some simple changes that we can make to lower our own carbon footprints include making a shift to solar power, changing lightbulbs to LED, and we should always ensure that we invest in energy saving appliances.

By now you're probably thinking, one person's actions can't make a difference, but with around 330 million citizens in the USA alone, think what a transformation it would make to the planet, if even just a third of people made tiny changes to the way they consume energy in the home.

With energy prices increasing and the cost-of-living soaring, many of us are looking for ways to reduce and



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save money on our utility bills each month. By becoming more sustainable and learning how to conserve energy in your home, you should begin to see your bills reduce over time, leaving more funds in your pocket.

When we consider these figures, the energy consumption and cost to run all of these devices in each home will be significant. Therefore, if we look at ways to reduce energy consumption now, research the most efficient products, only purchase and use ones we really need and make small changes, we can ensure that our planet, and money is saved in the long-term.

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